



Care Packages for 2018-2019!

One of the best pick-me-ups for our students is when they receive a care package from their loved ones at home. Care packages have historically been a memorable part of the on-campus culture at St. Ambrose, and we love to have as many families participate as we can! You can find all care package offerings on campus in one order form to eliminate any confusion.

We have been very pleased with the hand-made, individually wrapped products from Basket Bowtique, a private, local vendor out of Cedar Rapids. Our Residence Life staff will then deliver the package to your son or daughter's door.

To order, you may order online (see link at the bottom of email) or fill out the form below and return it to the address listed below. We also **encourage families to include hand-written notes** with each package that will be attached upon delivery.

To see photos of the care packages and their quality packaging, please visit our website!

The “**Ambrose Plan**” is the favorite option with our students. This comprehensive and enjoyable plan includes all five individual packages listed below at an \$11 savings. Please purchase by August 23rd at noon.

The Move-In Pack comes in a reusable hard-plastic container that is perfect for storing various odds and ends. In addition to energy-inducing snacks and drinks, this pack comes with everything below and some other essentials, like a deck of playing cards! (**Order by:** August 23; **Delivered on:** August 30)

Package may include: Popcorn, Oreos, Chex Mix, Cookies, Nutri-Grain Bars, Skittles, Gardettos, Fruit snacks, Bottle of Water, Twizzlers, Cheez-It Crackers, Trail Mix, Suckers, Gatorade, Animal Crackers

The Halloween Pack serves as a reminder of the fall season, with favorites such as apple juice and cider. Those traditional items, balanced with a combination of Halloween treats and healthy snacks like pretzels, create a well-rounded approach to get your son or daughter through fall midterms. The package comes in a clear bag, decorated with Halloween tissue paper to give it a spook-tacular appearance! (**Order by:** October 18; **Delivered on:** October 25)

Package may include: Hot chocolate, Candy Corn, Apple Juice, Blow Pops, Mini Pretzels, Cheez-It Crackers, Oreos, Three Musketeers Bar, Halloween Candy

The Fall Finals Pack is a stress-busting favorite that arrives in a popcorn bucket tied with Ambrose colors. As the tension and anxiety of finals creeps in, students will be able to kick back with some comfort food to relieve that stress – and maybe use the packaging to enjoy a movie or two! (**Order by:** November 29; **Delivered on:** December 6)

Package may include: Popcorn, Doritos, Cheetos, Combos, Animal Crackers, M&Ms, Starburst Candy, Skittles, Junior Mints, Tootsie Pops, Cans of Pop (3)

The Valentine's Pack, packaged in a red box with a big Valentine's ribbon as a reminder of your love, shows your student that you're thinking of them when they're away at school. Although the weather outside might be cold, you're going to warm your student up with some cocoa and "red hot" cinnamon candies. (*Order by: January 31; Delivered on: February 7*)

Package may include: Chocolate box, Fruit Punch Gatorade, Bottle of water, Skittles, Hershey's Chocolate Bar, Twizzlers, Hot Tamales Candy, Cinnamon Popcorn, Suckers

The Spring Finals Pack comes in a blue or white canvas bag, to complement SAU's colors. Full of recharging treats and drinks, this pack is sure to keep your student's energy level up for all those late nights of reviewing and cramming! (*Order by: April 25; Delivered on: May 2*)

Package may include: Bottle of Water, Bottle of Juice, Oreos, Chex Mix, Fruit Snacks, Granola Bars (2), Pop Tarts, Goldfish Crackers, Popcorn

The Healthy Option comes in a white re-usable box. This may be of interest to you if your student prefers some healthier options. This pack will include options that can be ordered in place of an above care package for that specific delivery date(s). **Please note: this package cannot be ordered in place of the move-in pack or Ambrose Plan.**

Package may include: Bottle of water, Flavored Water Packets, Oatmeal, Peanut Butter, Peanuts, Dark Chocolate, Protein or nut bars, Dried Fruit, Trail Mix, Veggie Chips

*****Items listed above are not all guaranteed based on supply and availability*****

Order by date listed for specific packages

Please place all orders online at www.sau.edu/parents-and-family

Please contact Residence Life at 563-333-6258 with questions

Below are the available options to order:

▽ The "Ambrose Plan".....\$114
Save \$11.00 by ordering all five packages!

▽ Healthy Ambrose Plan.....\$114
Includes original move-in pack +4 healthy options!

Move-In Pack (8/30)\$33
Halloween Pack (10/25)\$23
Fall Finals Pack (12/6)\$23
Valentine's Pack (2/7)\$23
Spring Finals Pack (5/2).....\$23

Regular Move-In Pack (8/30).....\$23
Halloween Healthy Pack (10/25).....\$23
Fall Finals Healthy Pack (12/6).....\$23
Valentine's Healthy Pack (2/7).....\$23
Spring Finals Healthy Pack (5/2).....\$23

Don't forget to include hand-written notes for us to include with the care packages!