

MASTER OF PUBLIC HEALTH

Be Part of the Answer

Prevent disease, increase health equity, and promote healthy living by earning your Master of Public Health degree online from St. Ambrose University. Public health leaders are problem solvers who work in multidisciplinary teams to identify root causes of health problems and develop unique solutions to protect the health of populations, ranging from local neighborhoods to entire regions of the world. The benefit of an online, asynchronous degree allows working professionals more flexibility to achieve their career goals.

PROGRAM VISION STATEMENT

Create a future where local, national, and global communities work together to promote individual well-being, value diversity, prevent disease, and work towards social justice by eliminating health inequities.

PROGRAM MISSION STATEMENT

Develop public health leaders with a global perspective who learn to promote social justice via experiential opportunities, person-centered education, and service to vulnerable and marginalized populations.

Graduates of the MPH Program will:

- > Develop public health person-centered programs and strategies responsive to the diverse cultural values and traditions of all communities being served.
- > Discuss the means by which structural bias, social inequities and racism undermine health and create challenges to achieving health equity at organizational, community and societal levels.
- > Critically evaluate the social determinants of health and understand how they contribute to health inequities and provide an opportunity to improve health and well-being for all.
- > Practice evidence-based approaches to public health: Analyze quantitative and qualitative data using biostatistics, computer-based programming and software, as appropriate.
- > Apply a social ecological and person-centered framework to identify, implement and evaluate evidence-based interventions that promote population and community health.

The SAU Difference

ADMISSIONS PROCESS

A complete application requires submission of the following:

- > Official transcripts from all institution(s) of enrollment - prospective students currently enrolled are asked to provide a list of remaining courses and timeline for earning an undergraduate degree
- > Personal statement
- > Three letters of reference
- > Evidence of a cumulative GPA of 3.0 or higher

CURRICULUM

The public health program emphasizes health equality and social justice. Epidemiology is our science, driven by the need to get the right care to the right places at the right time. Specifically, St. Ambrose students will build their skills in epidemiology, research and application of evidence-based interventions to solve global, national, regional, state and community public health issues. Our 100% flexible online program offers fall, spring and summer starts.

- > Full-time 18 month program
- > Part-time 33 month program

Students will complete didactic online classes in subjects including:

- > Behavioral, social and environmental health
- > Biostatistics
- > Epidemiology
- > Ethics and social justice
- > Evaluation, leadership and management
- > Evidence-based practice
- > Global health policy and systems
- > Health communication and education
- > Qualitative research

Students will hone these public health skills in a community partnership which allows for 200 practice hours under the supervision of a faculty advisor and other public health specialists.



ACCREDITATION

St. Ambrose University is accredited by the Higher Learning Commission (www.hlcommission.org). The St. Ambrose University Master of Public Health program is Accredited by the Council on Education for Public Health (CEPH) (www.ceph.org).

JOB OUTLOOK

Graduating with an MPH degree prepares students for a variety of careers since public health is a rapidly growing field. The Bureau of Labor Statistics projects an 18% increase in public health jobs by 2026. Graduates of public health programs are employed in public health agencies, volunteer and private agencies, non-profits, governmental agencies (including the Center for Disease Control (CDC), the Federal Emergency Management Agency (FEMA), etc.), hospitals/ other healthcare settings, and with global health organizations.

USE EPIDEMIOLOGY TO SOLVE PUBLIC HEALTH PROBLEMS

- > Working in interdisciplinary teams, applying your disciplinary skills as an expert specialist.
- > Developing research and evaluation skills to identify health risks, and strengthen your program management skills to lead interventions that result in healthier communities.
- > Identifying the most effective strategies to lead systemic and lasting change.
- > Hone your communication skills to advocate for improved health among vulnerable and marginalized populations.

FOR MORE INFORMATION

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